

SHOPPING LIST

As A Reminder Guide In Your Planning

GROCERIES

- Aple'sce Eggs Nut M. Salsa
- B'by F. Extracts Olives Soap
- Bak. P. Flour Pasta Short'n
- Bak. Sda Fruit Peaches Soup
- Butter Ginger PeanutB. Soda Pop
- Candy G. Beans Peas Spagh'ti
- Cereals H. Radish Pepper Spices
- Cheese Jello Pickles Sugar
- Chips Juice P'serves Syrups
- Cocoa Mac'roni Prunes Tea
- Coffee Milk Raisins Tobacco
- Cookies Mixes Rice Toilet P.
- Corn Mustard Sal. Dres Water
- Crackers Noodles Salmon Vinegar
- Cream Nutmeg Salt Yogurt

MEATS and FISH

- Bacon Corn Bf. Lamb Roast
- Beef Fish Fish Liver
- Chicken Franks Pork Steak
- Chops G Beef Pork R. Turkey
- Cold Mts. Ham Poultry Veal

FRUITS and VEGETABLES

- Apples Corn Onions Broc'li
- Avac'do Grapes Oranges Potato
- Beets Lemons Peaches Rhubarb
- Berries Lettuce Pears Squash
- Cabbage Melon Peas Beans
- Caul'flr Mush'rs Pimento Tomato

BAKERY GOODS

- Bread Cheese C. Cookies Pies
- Cakes Coffee C. Do'nuts Rolls

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