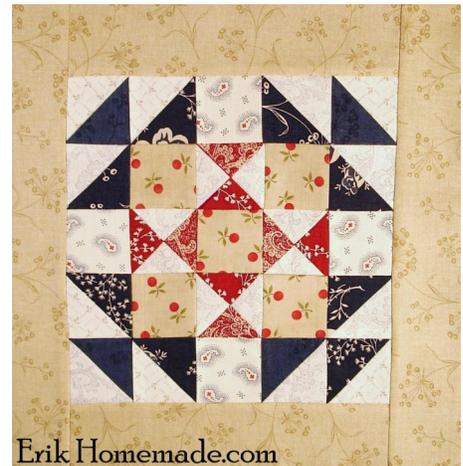


Benjamin Franklin Mystery Quilt **quilt** craft cook create

Footstool Block

During the later years of Ben's life, good living and good eating caught up with him...he suffered terribly from gout and had to rest his ankles and legs. Often he would be carried to and from the business that kept him busy. 'Madame Gout' was also a source of inspiration and folly...to which old Ben was quick to write!



12-inch square finished (12 1/2-inch unfinished)

Supplies

rotary cutter, 6 x 24-inch ruler, rotary cutting mat
 12 1/2-inch square ruler (*for trimming the final measurement*)
 sewing machine and matching thread
 scraps cut to the sizes below
 spray starch or sizing (*not necessary, but helpful*)

1/4-inch seams throughout, press seams to the dark or to the side that creates the least bulk

Cutting:

- Red scraps: **2** 3-inch squares, *for the A units*
- Blue scraps **6** 2 5/8-inch squares, *for the B units*
- Beige scraps **9** 2 1/4-inch squares, **C** (*we used 5 Dk Beige and 4 Lt Beige scraps*)
- 2** 3-inch squares, *for the A units*
- 6** 2 5/8-inch squares, *for the B units*
- 2** 2 1/2 by (*at least*) 9 1/2-inch strips, *for the top and bottom borders*
- 2** 2 1/2-inch by (*at least*) 13 1/2-inch strips, *for the side borders*

Constructing the block:

To make the **A** units, draw a diagonal line through the back of each **Beige** scrap 3-inch squares. Layer on top of a **Red** scrap 3-inch square. Sew 1/4-inch to each side of the diagonal line. Cut apart on the drawn line; press. Repeat with remaining 3-inch squares to make **4** half square units.

